

PRESS RELEASE

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Online Registration for the Sun Hung Kai Properties Hong Kong Cyclothon Begins Tomorrow at 10am

Media can download the press release and other materials from the HKTB website:

- FTP (valid until 30 November 2017): <ftp://2017HKC-b:445566@ftpsvr01.hktb.com/>
- Press release: http://partnernet.hktb.com/en/about_hktb/news/press_releases/index.html

Organised by the Hong Kong Tourism Board (HKTB), with Sun Hung Kai Properties as title sponsor and charity sponsor, the Sun Hung Kai Properties Hong Kong Cyclothon will be held on 8 October (Sunday) this year. Online registration (<http://register.hongkongcyclothon.com>) for the various cycling activities will start at 10am tomorrow and run until 11 August 2017. The quota is limited, and places are available on a first-come, first-served basis.

The routes for the 50 km Ride and 30 km Ride, which are open to public, include a number of iconic buildings and main roads in Hong Kong. These rides are suitable for experienced cyclists.

- **50 km Ride: The route again features three tunnels and three bridges (Tsing Ma Bridge, Ting Kau Bridge, Stonecutters Bridge, Cheung Tsing Tunnel, Nam Wan Tunnel and Eagle's Nest Tunnel) and requires speed, endurance and experience.**
 - The quota has been increased by 300 this year to 2,600.
 - There are a number of slopes along the route, including a one-km slope near Eagle's Nest Tunnel with a gradient of 6%.
 - Participants are recommended to ride at an average speed of 29 km/hour in order to finish within the time limit.
- **30 km Ride: The route covers Stonecutters Bridge and is suitable for experienced cyclists.**
 - The gradient of Stonecutters Bridge is about 4%. Good control skills are required when cycling against the wind and going down the slope.
 - Participants are recommended to ride at average speed of 23 km/hour in order to finish within the time limit.

Participants in the 50 km Ride and 30 km Ride are required to bring along their own bikes. To ensure that the main roads are re-opened on time, the participants are required to board the broom wagon if they cannot arrive at the check points before the designated time.

To ensure safety, registrants for the 50 km Ride (Individual & Team), 30 km Ride and Kids & Youth Rides, except for members of recognised cycling associations and those who have taken part in similar races, are required to pass a cycling technique assessment by the organiser. The criteria are as follows:

| | 50 km Ride (Individual & Team) & 30 km Ride | Kids & Youth Rides |
|------------------------------|--|-------------------------------|
| Physical Fitness Test | 15-minute ride in a mass start | N/A |
| U-turn Test | Finish a 60m route with a U-turn in a narrow passage in 16 seconds without knocking down any obstacles or touching the ground with any part of the body. | |

In addition to the 50 km Ride, 30 km Ride and Kids & Youth Rides, the Sun Hung Kai Properties Hong Kong Cyclothon has a number of activities that are open to the public: the Men’s Open Race, the Women’s Open Race, and the Team Time Trial—HKSAR 20th Anniversary Trophy. One of the highlight events, the International Criterium, has been upgraded to a Union Cycliste Internationale (UCI) Asia Tour Class 1.1 Road Race and has been renamed the Sun Hung Kai Properties Hong Kong Challenge. It will be the first race of its kind held in Hong Kong. With top cyclists and teams from the globe, the race will surely be enthralling.

For details of the Sun Hung Kai Properties Hong Kong Cyclothon, please visit www.DiscoverHongKong.com/Cyclothon.

– Ends –

For media enquiries, please contact:

Hong Kong Media

Miss Chanda Cheung

Tel: 2807 6363

Fax: 2503 6363

E-mail: chanda.cheung@hktb.com

Mainland and Overseas Media

Miss Vivian Lai

Tel: 2807 6121

Fax: 2503 6121

E-mail: vivian.lai@hktb.com

During non-office hours, please contact:

Hong Kong media: 8200 7860; Mainland and overseas media: 8100 8935.