



Dear Jessica,

We hope you're doing well. There's been a lot happening in the world and we've been using this time to plan, prepare and take time for self care, as we're sure you have too.

At the Hong Kong Tourism Board, we've been busy getting ready for the future and doing everything we can to embrace the new norm of travel. There's no doubt that 2020 has been a difficult year for our industry but we're focused on looking forward and can't wait to welcome you back to Hong Kong when we can.

In the mean-time get your travel fix and experience the city vicariously through professional rugby player, Lindsay Varty and Australian celebrity chef, Shane Osborn, satisfy your Cantonese food cravings with our latest recipe and get up to speed on how we're preparing for a post-COVID tourism revival.

Stay safe,  
The HKTB Team

### Embracing the new norm of travel

We have produced a new booklet to highlight efforts taken by the Hong Kong travel and hospitality industries in preparation for a tourism revival. The nine-page 'Clean Book' showcases the efforts of the public and private sector to right-side the city for post-COVID travel, as well as the role the technology industry is playing in helping control the pandemic.



[Download the Clean Book](#)



## Double-milk-skin pudding

Double-milk-skin pudding is a classic Cantonese dessert and a Hong Kong cha chaan teng favourite. Often compared to panna cotta this delicate and creamy dish is actually a much healthier option as it uses a lot less sugar and substitutes milk for cream.

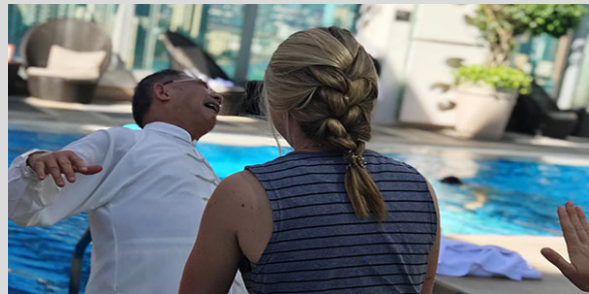
Recipe by Kym Machin, taken from [Delicious](#).

[Step by step recipe](#)

## Lucky 8 - Jessica Rowden

This month we have a testimonial from one of our own - Jessica Rowden, Senior Executive, Digital Marketing and PR, Hong Kong Tourism Board.

Check out some of her Hong Kong must do's from Michelin starred roast goose to mortifying Kung Fu classes.



[Read more](#)

## **Lindsay Varty: Hong Kong culture**



Get to know Lindsay Varty, a professional rugby player and author of *Sunset Survivors*. She discusses her love for the city, its unique culture and the importance of preserving its past.

Click [here](#) to read more.

## **Shane Osborn's Hong Kong**



Shane is the mastermind behind Hong Kong restaurants, Arcane and Cornerstone. You may also recognise him from Netflix's reality cooking show, *The Final Table*, where he sizzled his way to the finals.

Click [here](#) to read more.

## **Hiking Hong Kong's Sharp Island**

If you love adventure, hiking on Sharp Island in Hong Kong should be on your bucket list!

# Awesome Hiking Adventure on Hong Kong's Sharp Island



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